

# HEALTH QUESTIONNAIRE



TPTC

1230 NORTH CONVENT, SUITE A  
BOURBONNAIS, IL 60914

THE PHYSICAL THERAPY CENTER LTD.  
(815) 935-8782

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ M.D. \_\_\_\_\_

**Medical History:** Please indicate if you currently have or have had a history of the following (check all that apply):

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> High blood pressure  | <input type="checkbox"/> Injury to neck/back/spine         | <input type="checkbox"/> Cancer                 |
| <input type="checkbox"/> Heart problems       | <input type="checkbox"/> Orthopedic injuries/fractures     | <input type="checkbox"/> Diabetes               |
| <input type="checkbox"/> Pacemaker            | <input type="checkbox"/> Osteoporosis                      | <input type="checkbox"/> Depression/anxiety     |
| <input type="checkbox"/> Circulation problems | <input type="checkbox"/> Arthritis                         | <input type="checkbox"/> Panic attacks          |
| <input type="checkbox"/> Leg/Ankle swelling   | <input type="checkbox"/> Metal Implants                    | <input type="checkbox"/> Bowel/Bladder problems |
| <input type="checkbox"/> Asthma               | <input type="checkbox"/> Headaches                         | <input type="checkbox"/> Kidney problems        |
| <input type="checkbox"/> Breathing problems   | <input type="checkbox"/> Fainting spells                   | <input type="checkbox"/> Hearing problems       |
| <input type="checkbox"/> Emphysema            | <input type="checkbox"/> Stroke/paralysis                  | <input type="checkbox"/> Vision problems        |
| <input type="checkbox"/> Smoker               | <input type="checkbox"/> Epilepsy/seizures                 | <input type="checkbox"/> Currently pregnant     |
| <input type="checkbox"/> Allergies            | <input type="checkbox"/> Dizziness/lightheadedness/falling | <input type="checkbox"/> Other: _____           |

For any condition checked above, please explain and give approximate dates:

**Surgeries:** List any surgeries/hospitalizations you have had and the date:

**Medications:** List any medications you are taking:

**Previous PT/OT/Chiropractic care this year?**  Yes  No

If Yes, explain: \_\_\_\_\_

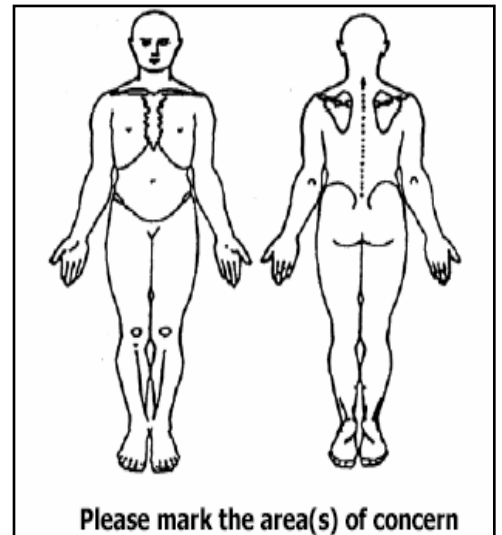
**Type of Pain:**  Sharp  Dull  Aching  Burning  Stabbing  
 Shooting  Tingling  Numbness

**Please rate your pain:** No pain Worst pain

Now	1	2	3	4	5	6	7	8	9	10
At its best	1	2	3	4	5	6	7	8	9	10
At its worst	1	2	3	4	5	6	7	8	9	10

**Rate your overall Health:**  Excellent  Good  Fair  Poor

**Lifestyle/Exercise Routine:**  Very Active/Athletic (5x/wk)  
 Regular Exercise (1-3x/wk)  Infrequent Exercise  Sedentary



Patient signature: \_\_\_\_\_ Date: \_\_\_\_\_